

EMPOWERMENT THROUGH EDUCATION

Rise for a more equal world | Rise to be future ready | Rise to create value

Greetings from Tech Mahindra Foundation Family!

The year has been an eventful journey filled with achievements and significant milestones. Guided by our vision of 'Empowerment through Education,' our various projects on Education, Employability, and Disability directly impacted lives, with families and communities being benefited in all. Know more about our impact [here](#).

We entered 2023 with a renewed resolve to scale up our efforts. This began with the celebration of the 10-year anniversary of our teacher capacity development program 'Shikshantaar'. Do not miss out on watching our esteemed board member Mr Anand Mahindra's message on this occasion!

With 'Samvaad,' we bring you an array of exciting initiatives launched this year, including the repackaging of a portal dedicated to promoting mental well-being among the youth. Do catch the glimpses from our events and a father's heroic act to save his daughter's life.

In this edition of 'Samvaad' - Dialogue', know Sajid Ali, our Chief Operating Officer closely as he shares his thought-provoking journey in the development sector.

Interview with Sajid Ali

COO, Tech Mahindra Foundation



"Sometimes, it is the journey that teaches you a lot about your destination."

What drives a development professional to move forward? What are the little things that can help today's young practitioners in the field? Our COO, Mr Sajid Ali, has some interesting insights to share from his own personal journey. Recipient of the Mahatma Award in 2022, Sajid is known for leading sustainable CSR programs for over a decade. Watch this edition's 'Dialogue' with Sajid, where he talks about the way ahead for the social sector and the importance of staying rooted. Explore more from the interview!

Watch the video

Community Health Initiatives



"Prevention is better than cure"

We at Tech Mahindra Foundation fused this philosophy within our community health interventions. These outreach programs include awareness campaigns on chronic diseases, early Detection, and screening to ensure the well-being of vulnerable communities. Three Community Health Initiatives by Healthcare Academies have brought sensitisation of communities on Tuberculosis, Menstrual Hygiene, and training on CPR & First Aid to address medical emergencies. In the fiscal year 2022-23, our Healthcare Academies had a significant impact, touching the lives of 17,112 individuals through these programs.

Mind@Ease



"Good mental health is absolutely fundamental to overall health and well-being."

Dr Tedros Adhanom Ghebreyesus, WHO Director General

In India, there are two [mental health](#) workers and 0.3 psychiatrists per 100,000 population, below the global average of 13 mental health workers for 100,000 people.

TMF's Mind@Ease steps up to this need for mental well-being, and support among the youth. Aggregating diverse and extensive counselling services, this portal is upgraded to improve awareness and ensure access to the right kind of resources. So far the platform has brought together 25 organisations, and continues to grow in this journey of mental well-being.

Know More



Impact Spotlight

Emergency health services can be a life saviour if administered well in time. For Kala Singh, his cardiopulmonary resuscitation (CPR) training saved his daughter Harmanpreet's life. A firefighter by profession, he learnt these emergency services in one session in Chandigarh by our Mohali SMART Healthcare team. [Read More](#)

Our Events at Glance



Our first In-Service Teacher Education Institute (ITEI) for Municipal Corporation of Delhi schools completed 10 years in 2023. On this occasion, Mr Anand Mahindra, Chairman of Mahindra Group, commended the 10-year journey of ITEI of empowering teachers to create happier and safer classrooms and wished them the best for their journey ahead.

For the past 10 years, our In-Service Teacher Education Institute (ITEI) has been enabling teachers, educators, and administrators to create happier and safer classrooms. To mark this momentous occasion, we organised a ten-day celebration **TRANSCEND (Training and Nurturing School Community for Education and Development)**.



We celebrated International Women's Day honouring the women leaders from our ecosystem and Foundation. Their stories of resilience and grit became an inspiration for many.

Read the Flip Book

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Samvaad is a quarterly e-newsletter. You can participate by writing an article or sharing your project experiences with us. If you have ideas on what you would like to see included in our newsletter, then we are all ears!

Please e-mail us your thoughts and ideas at samvaad@techmahindrafoundation.org

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